



***East Rutherford  
Memorial Library  
2021  
Adult Summer  
Reading Program***

***Reading Prompts***

***1) Relax & Reflect***

Remember those wonderful, stress-free summer vacations from your childhood? Or how about that trip-of-a-lifetime you always wanted to take? Choose a book about or set in a location you have fond memories of or a deep desire to visit.

***2) It's all about getting there...***

They say it's the journey, not the destination that's important. Borrow a book (or a movie!) where travel is a major part of the story. Think: *Nomadland*, *Wild*, *Murder on the Orient Express*...

***3) ...And who you have beside you!***

Gather together those family and friends who make the journey fun! Borrow a cookbook and add a new "signature dish" to a potluck barbeque or picnic!

***4) Gratitude shines like the sun.***

Keep appreciating those friends and family by swapping favorite books! Read a recommended book and return the favor.

**Forms must be turned in to the library no later than August 28, 2021.**

5) *Stop and smell the roses.*

And what better time for that than now, while they're in full bloom! Check out a gardening book, and/or spend some time adding some color to your little piece of the Earth. Then enjoy!

6) *To see the world in a grain of sand*

Join us for one of our meditation or mindfulness programs! We've got two in July here at the library. Or read a book on either of those subjects (or yoga), and set up your own ritual to find time to quiet your mind.

7) *Give Back/Pay It Forward/Be the Rainbow*

Random acts of kindness boost those who perform them almost as much (if not more) than those who receive them. To stay with our Tales & Tails theme, why not donate to an animal shelter or wildlife fund? It doesn't have to be cool cash (though, that's always appreciated); time and talent have true value. You can volunteer at a local shelter, donate gently used blankets/towels or supplies, or use your voice to promote a cause that resonates with you. Bonus: ERML will be collecting pet food as part of our "Food for Fines" option during the month of July! Be the rainbow in someone else's storm.

8) *Appreciate Tails & Tales*

*A dog is the only creature that loves you more than he loves himself* -- Josh Billings. That could also be said of other pets that add some sunshine to our lives. Read a book or borrow a movie that features an animal in a starring role.

9) *Life's a beach!*

Say "beach," and some conjure images of warm sand, cool ocean breezes, and reading a good book under a striped umbrella. Others hear the thrill-stoked screams from the roller coaster, crashing waves hitting a boogie board, the *tickticktick* of the game wheels. Find a beach themed book -- be it a steamy summer romance or a hard-boiled murder at the shore. Your library has something for everyone.

### *10) Dive into a hobby.*

Make something wonderful! Paint, draw, build, crochet, bake, sew and send us a photo! Arts and crafts aren't only for kids; creativity stimulates the brain and aids in stress reduction. If you need some ideas, sign on to **CreativeBug** using your library card and find instructions to help you tap into your inner artist.

### *11) School's out.*

Read a classic, not because you have to, but because they're classics for a reason. Or re-read a well-loved book from your childhood - you'll be amazed at how an old story can feel brand new.

### *12) Baby, you're a firework!*

Be inspired! Read a biography about someone you admire (and always remember, someone thinks that same thing about you!).

## *Helpful Links*

You can access the BCCLS catalog to request books at [www.bccls.org](http://www.bccls.org)

Visit our website at [www.eastrutherford.bccls.org](http://www.eastrutherford.bccls.org) to see upcoming special events, including the mindfulness and meditation programs mentioned above.

Your East Rutherford library card allows you access to the Creativebug website, filled with craft ideas and tutorials. Find out more about it here:

<https://eastrutherford.bccls.org/creativebug.html>

Please drop off the completed form at the library or scan and email it to [reference@eastrutherford.bccls.org](mailto:reference@eastrutherford.bccls.org).

*Thank you for playing along!*